



PHSE LONG TERM PLAN 2022 - 23



| | AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
|--------|--|--|---|--|--|---|
| Year 1 | <u>Keeping safe</u> Road Safety Tying Shoelaces | <u>Keeping/Staying Healthy</u> Healthy Eating <u>Hazard Watch</u> Is it safe to eat or drink? | <u>Feelings and Emotions</u> Jealousy | <u>Being Responsible</u> Practice Makes Perfect | <u>Our World</u> Growing in our World | <u>Relationships</u> Bullying Sex education- spiral curriculum |
| Year 2 | Keeping/Staying Safe - Staying Safe Hazard Watch Is it safe to play with? | Keeping/Staying Healthy - Washing Hands - Brushing teeth | Feelings and Emotions - Worry - Anger | Being Responsible Water Spillage | Our World - Living in our World | Relationships - Friendship Sex education- spiral curriculum |
| Year 3 | Keeping/Staying Safe - Leaning out of Windows Hazard Watch Fire safety module Computer Safety - Computer Safety | Keeping/Staying Healthy Medicine Anti-bullying week | Feelings and Emotions Grief | Being Responsible Helping Someone in Need Stealing | Our World Working in our World Looking after our World | Relationships Body Language Touch Sex education- spiral curriculum |
| Year 4 | Keeping/Staying Safe - Cycle Safety A World without Judgement Breaking Down Barriers | Feelings and Emotions Jealousy | Keeping/Staying Healthy Healthy Living | Being Responsible Coming Home on Time | The Working World - Chores at Home | Growing and changing - Appropriate Touch Sex education- spiral curriculum |
| Year 5 | Peer Pressure: Inclusion and Acceptance | Keeping Healthy: Smoking | Feelings and Emotions: Anger | Being Responsible | Growing and Changing | Computer Safety |
| Year 6 | Water Safety British Values | Staying Healthy - Alcohol | Emotions - Worry | Being responsible - Stealing | The Working World – In App Purchases | Growing & Changing – Conception and puberty |